



♥ Child/Adolescent Background Information ♥

Today's Date: _____

<Identifying Information>

Child's Name (Last, First): _____	Date of Birth: _____ Age: _____ Gender: M _____ F _____
Parents/Legal Guardians: _____	
Home Phone: _____	OK to leave messages: Yes _____, No _____
Cell Phone: _____	OK to leave messages: Yes _____, No _____
Work: _____	OK to leave messages: Yes _____, No _____
Email Address: _____	OK to email: Yes _____, No _____
Address: _____	
OK to send letters: Yes _____, No _____	
Ethnicity: African American (), Asian (), Bi-racial (), Caucasian () Hispanic/Latin () Native American (), Other(explain) _____	
School: _____	Grade Level (Now): _____
School Teacher: _____	School Telephone: _____
School Address: _____	
Person we should contact in the event of an emergency: Name: _____ Relationship: _____ Phone Number: _____	
If child is not currently living with both biological parents, is either parent deceased? _____ if so, age of child at his/her loss: _____, please specify(when, how, etc): _____	
Were biological parents married? _____	
Currently involved in a custody dispute: No _____, Yes _____ if yes, explain _____	
Are biological parents divorced/separated? _____ if so, when _____ Age of child at divorced/Separated: _____ Which parent has custody? _____ How often does the non-custodial parent visit? _____ Have to provide <u>divorce decree/court document</u> prior to 1 st meeting! If yes, please sign "Addendum To Child Therapy Contract" Signed: Yes _____ No _____	

<Referral Information>

1. By whom were you referred? _____
2. Is your child currently on probation? No ____, Yes ____, Retained: No ____, Yes ____
3. Is your child receiving special educational or other services? No ____, Yes ____
4. Has your child been seen previously for psychological or psychiatric treatment? Y/N: ____
 If yes, Previous professional (Agency): _____
 Phone: _____ When: _____ How long: _____
 Was an evaluation completed? _____ What type of evaluation? _____
 (If yes, please attach a copy of evaluation to this questionnaire)
 Will you grant permission for us to consult with this professional:
 (If yes, please sign attached "Authorization to request confidential information" form)

5. What do you enjoy most about your child?

6. Describe your major concerns, including duration of those concerns and any previous attempts to resolve them.

7. Please indicate with "X" mark how severe your concerns are at this point in time:
 ____ Mildly upsetting
 ____ Moderately severe
 ____ Very severe
 ____ Extremely severe
 ____ Incapacitating

8. How often does the problem behavior occur? (5x/day, 2x/week, etc) _____

9. How long has your child had this problems? _____

10. How is this problem affecting your child at home? In school? In peer relationship?

11. What is the one thing I need to know to help your child today?

12. Anything else you think I need to know?

<Background Information>

General Information

1. Child's Current Household:

Mother only _____, Father only _____, Natural parents _____, Foster family _____ Natural mother and Step-father _____, Natural father and Step-mother _____, Blended family (both spouses with children) _____, Relatives _____, Adoptive parents _____ (Date of adoption: _____ Age of child at adoption: _____), Other: _____

2. Please list child's current family, beginning with the oldest member and include the child (including the child being referred)

Name	Date of Birth	Age	Gender	Relationship to Child

3. Please list other persons closely involved with child but not living in child's home (e.g., older siblings, grandparents, sisters, teachers, religious leaders, etc.)

Name	Relationship to Child	Place of Residence	Frequency of Visits

4. How long have you lived at the current address? _____
5. How often have you changed residences since the birth of this child? _____
6. Does the child share a bedroom? Yes____, No__ If yes, with whom? _____
7. Does your child have any difficulty with siblings? If yes, please explain _____

8. Was the child ever placed or boarded away from the family? Yes____, No____
 If yes, where and with whom? _____

Reason for placement _____

9. Has your child ever had difficulty or contact with legal authorities (Police, Juvenile Justice)? If yes, please describe circumstances _____

10. Please describe any religious or cultural beliefs you would like incorporated into your child's treatment. _____

Mother's Information

Mother's Name(Last, First):	Date of Birth: _____ Age: _____ Occupation: _____
Home Phone: _____	OK to leave messages: Yes _____, No _____
Cell Phone: _____	OK to leave messages: Yes _____, No _____
Work: _____	OK to leave messages: Yes _____, No _____
Address(if different from child):	
Education Level: 8 th Grade or Below (), High School (), Some College (), College Graduate () Master's Degree (), Ph.D. Degree (), Post Doctoral Work ()	
Marital Status: Never Married (), Married (), Remarried (), Divorced () Separated (), Widowed (), # of Marriage ()	

Father's Information

Father's Name(Last, First):	Date of Birth: _____ Age: _____ Occupation: _____
Home Phone: _____	OK to leave messages: Yes _____, No _____
Cell Phone: _____	OK to leave messages: Yes _____, No _____
Work: _____	OK to leave messages: Yes _____, No _____
Address(if different from child):	
Education Level: 8 th Grade or Below (), High School (), Some College (), College Graduate () Master's Degree (), Ph.D. Degree (), Post Doctoral Work ()	
Marital Status: Never Married (), Married (), Remarried (), Divorced () Separated (), Widowed (), # of Marriage ()	

Parental History

Parent's history of learning, emotional, or behavioral problem: Yes (), No () if yes, mother _____, father _____, or both _____, please explain:
Parent's history of alcohol/drug/substance abuse: Yes (), No () if yes, mother _____, father _____, or both _____, please explain:
Parent's history of domestic violence: Yes (), No () if yes, mother _____, father _____, or both _____, please explain:
Parent's history of criminal activity: Yes (), No () if yes, mother _____, father _____, or both _____, please explain:
Parent's history of sexual/verbal/mental abuse: Yes (), No () if yes, mother _____, father _____, or both _____, please explain:

Child's Family History

1. Your child is raised by:

Natural parents Single natural parent Grandparents
 Adoptive parent(s) Natural and step-parent Foster parents
 Institution Relatives Other()

2. Please indicate if any of the following items are **currently** being experienced within the immediate family (parents, siblings):

<input type="checkbox"/>	Marital difficulties	<input type="checkbox"/>	Recent move/moved a lot
<input type="checkbox"/>	Spouse abuse	<input type="checkbox"/>	Separation from family member (incarceration etc.)
<input type="checkbox"/>	Divorce/separation of parents	<input type="checkbox"/>	Financial problems
<input type="checkbox"/>	Serious illness of parent, child, sibling (specify: _____)	<input type="checkbox"/>	Child physical, sexual, and emotional abuse & neglect (specify: _____)
<input type="checkbox"/>	Family member's disability or major accident	<input type="checkbox"/>	Single parent
<input type="checkbox"/>	Birth of new child	<input type="checkbox"/>	Job loss
<input type="checkbox"/>	Death in family	<input type="checkbox"/>	Parents fighting frequently
<input type="checkbox"/>	Family member absent (explain _____)	<input type="checkbox"/>	Family member suicide (explain _____)

3. Please indicate which of the following concerns have you been experienced in the immediate and/or extended family (parents, siblings, aunts, uncles, cousins, grandparents)

Concern	Relationship to Child (specify maternal or paternal and relationship)	
<input type="checkbox"/>	Autism Spectrum Disorders	
<input type="checkbox"/>	Learning Disabilities	
<input type="checkbox"/>	Mental Retardation	
<input type="checkbox"/>	Birth Defects	
<input type="checkbox"/>	Cancer	
<input type="checkbox"/>	Diabetes	
<input type="checkbox"/>	Attention Deficit Hyperactivity Disorder (ADHD)	
<input type="checkbox"/>	Alcoholism	
<input type="checkbox"/>	Drug Addiction	
<input type="checkbox"/>	Depression	
<input type="checkbox"/>	Bipolar Disorder	
<input type="checkbox"/>	Suicide (threats/attempts/completed)	
<input type="checkbox"/>	Anxiety	
<input type="checkbox"/>	Phobias (specify: _____)	
<input type="checkbox"/>	Psychiatric Hospitalizations	
<input type="checkbox"/>	High Blood Pressure	
<input type="checkbox"/>	High Cholesterol	
<input type="checkbox"/>	Hear Disease	

4. Trauma history on child abuse and neglect (indicate all that apply):

Physically, Emotionally, Sexually, Neglect, Traumatic loss
 Multiple placements, Abandonment,

____ Child separated from parent (how long and when: _____)

____ Death of a significant person (name: _____)

Relationship to child: _____ Date of death _____)

____ Abuse of pet ____ Death of pet ____ Incarcerated family member

____ Sexual assault ____ Victim of trauma (unusual, terrifying experience)

____ Medical ____ Natural disaster

____ Other (explain: _____)

CPS report & by who? _____

CPS report outcome _____

5. Family atmosphere (circle the number that best describes how you think **your child views** the atmosphere in your home):

Very lenient	1 _____	2 _____	3 _____	4 _____	5 _____	Very strict
Very non-religious	1 _____	2 _____	3 _____	4 _____	5 _____	Very religious
Flexible	1 _____	2 _____	3 _____	4 _____	5 _____	Highly structured
Few expectations	1 _____	2 _____	3 _____	4 _____	5 _____	High expectations
Inconsistent	1 _____	2 _____	3 _____	4 _____	5 _____	Consistent

6. Family support system (such as church, friends, relatives, school)

Hardly any support 1 _____ 2 _____ 3 _____ 4 _____ 5 Considerable support

7. Circle appropriate number of hours your child spends watching TV each week:

0-2 _____ 3-5 _____ 6-8 _____ 9-14 _____ 14+ _____

8. Circle appropriate number of hours your child spends watching Computer/video each week:

0-2 _____ 3-5 _____ 6-8 _____ 9-14 _____ 14+ _____

Child's Medical Information

1. Date of LAST complete physical: _____ Result: _____

2. Physical Disability: Yes (), No () (if yes, explain) _____

3. Chronic Illness: Yes (), No () (if yes, explain) _____

4. Primary Care Physician: _____ Tel: _____

Address: _____

5. Is the child a twin (or other multiple)? _____ identical? _____

6. How long was pregnancy? _____ months. Any complications? _____, if so, describe _____

7. How long was labor? _____ hours. Any complications? _____, if so, describe _____

8. Was delivery through natural childbirth? _____ or C-section? _____

9. Was delivery in the hospital? _____, home? _____, other? (please specify) _____

10. Were there any complications during delivery? _____, if so, describe _____

11. Child's birth weight _____, Height _____, Any complications following delivery? _____
If so, describe _____

12. How long did mother and child remain hospitalized after delivery? _____

13. Please indicate with an "x" any illness or disease which your child has had, and indicated date:

	Adverse drug reactions		Chickenpox
	Allergies (specify: _____)		Measles
	Asthma		Mumps

Frequent/recurring....	<input type="checkbox"/> Colds	Surgeries, such as:	<input type="checkbox"/> Appendectomy
	<input type="checkbox"/> Gastrointestinal problems		<input type="checkbox"/> Heart Surgery
	<input type="checkbox"/> Headaches		<input type="checkbox"/> Tonsillectomy
	<input type="checkbox"/> High fevers		<input type="checkbox"/> Other (specify: _____)
	<input type="checkbox"/> Influenza		
	<input type="checkbox"/> Migraine headaches		
	<input type="checkbox"/> Pneumonia		
	<input type="checkbox"/> Seizures		
	<input type="checkbox"/> Sinusitis		
	<input type="checkbox"/> Sore throats		
	<input type="checkbox"/> Strep throat		
<input type="checkbox"/> Broken bones (specify: _____)	<input type="checkbox"/> Substance abuse		
<input type="checkbox"/> Dizziness/Fainting	<input type="checkbox"/> Arthritis		
<input type="checkbox"/> High/Low blood pressure	<input type="checkbox"/> Cancer		
<input type="checkbox"/> Insertion/removal of tubes	<input type="checkbox"/> Cerebral palsy		
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Meningitis		
<input type="checkbox"/> Diphtheria	<input type="checkbox"/> Polio		
<input type="checkbox"/> Encephalitis	<input type="checkbox"/> Tuberculosis		
<input type="checkbox"/> Exposure to lead	<input type="checkbox"/> Other (specify: _____)		

14. Has your child ever hit his/her head? _____

15. Has your child ever been hospitalized overnight? _____

Condition for which hospitalized	Date	Length of hospitalization

Name of Pediatrician _____

16. Is your child currently on any medications or dietary supplements? _____

Medication & Dosage	Diagnosis	Prescribing physician/psychiatrist	Date of initial prescription

(If you do not know the name and dosage of current medication, please bring the medication to your next session.)

17. Physician/Psychiatrist prescribing medication: Name: _____

Tel: _____ Address: _____

18. Does your child have any vision problems? _____

19. Does your child wear glasses? _____ Contact lenses? _____

20. Glasses/Lenses prescribed, but child does not wear? Yes _____, No _____

21. Date of last vision exam _____, Results: Right eye _____/20, Left eye _____/20

22. Does your child have any hearing problems? _____, if so, does your child require hearing aids or other devices to amplify sounds? _____ Specify: _____

23. Number of hours of sleep per night _____
24. Frequent waking or nightmares? ____, if so, specify (frequency, etc): _____

25. Do you have concerns about your child's weight? _____
26. What percentage of food is home cooked? _____
27. Describe any unusual eating habits (picky eater, eating nonedible items, etc.)

28. Please list any known food/drug allergies: _____

Child's Developmental Information

Early Childhood:

Please indicate with an "x" in each column to indicate when your child demonstrated each development milestone:

Child walked:		Child spoke words:		Child spoke sentences:	
<input type="checkbox"/>	< 12 months	<input type="checkbox"/>	< 12 months	<input type="checkbox"/>	< 12 months
<input type="checkbox"/>	12-24 months	<input type="checkbox"/>	12-24 months	<input type="checkbox"/>	12-24 months
<input type="checkbox"/>	24-36 months	<input type="checkbox"/>	24-36 months	<input type="checkbox"/>	24-36 months
<input type="checkbox"/>	> 36 months	<input type="checkbox"/>	> 36 months	<input type="checkbox"/>	> 36 months
<input type="checkbox"/>	Has never walked	<input type="checkbox"/>	Has never spoken words	<input type="checkbox"/>	Has never spoken sentences

Child first trained for urination:		Child first trained for bowels:	
<input type="checkbox"/>	< 12 months	<input type="checkbox"/>	< 12 months
<input type="checkbox"/>	12-36 months	<input type="checkbox"/>	12-36 months
<input type="checkbox"/>	3-5 years	<input type="checkbox"/>	3-5 years
<input type="checkbox"/>	> 5 years	<input type="checkbox"/>	> 5 years
<input type="checkbox"/>	Not yet trained	<input type="checkbox"/>	Not yet trained

Since initial toilet training:		Since initial toilet training:	
<input type="checkbox"/>	Frequent wetting during day	<input type="checkbox"/>	Frequent soiling during day
<input type="checkbox"/>	Frequent wetting during night	<input type="checkbox"/>	Frequent soiling during night

Puberty:

Please indicate with an "x" to indicate when your child first demonstrated:

Onset of puberty (breast development, menstruation, public hair, facial hair):			
<input type="checkbox"/>	< 10 years	<input type="checkbox"/>	14-16 years
<input type="checkbox"/>	10-12 years	<input type="checkbox"/>	> 16 years
<input type="checkbox"/>	12-14 years	<input type="checkbox"/>	Not yet developed

Child's Educational Information

1. List all schools your child has attended, beginning with the most recent:

School	Grade	Date of Entry	Date of Withdrawal

(If this is an educational concern, please attach copies of report cards)

2. Has your child ever repeated a grade? ____ Reason _____
3. Has your child ever had problems in school? _____
Describe _____
4. Please indicate with an "x" where you feel your child is performing academically:

Subject	Below grade level	On grade level	Above grade level
Language Arts/Reading			
Mathematics			
Writing			

5. Does your child enjoy attending school? ____ if no, please explain _____
6. Has your child ever been referred for education interventions, such as additional academic assistance, behavioral management plans, etc? ____ if yes, please describe ____
7. Is your child currently on a 504 plan? ____ Diagnosis _____
504 plan interventions _____
8. Is your child currently in Special Education? ____ Date of most recent IEP _____
Education disability _____ Services receiving _____
9. Do you feel the interventions (informal/504/Special Education) are effective? ____
If no, please explain _____

Child's Academic/Social/Emotional/Behavioral Checklist

Please indicate with an "x" if your child is currently exhibiting difficulty with any of the following (for the most serious concern, please circle the item)

Academic:

Reading -- Basic Skills		Difficulty completing problems with more than one step
Difficulty recognizing letters	Math Reasoning	
Difficulty reciting the alphabet	Difficulty understanding concepts related to size, sequence, or quantity	
Difficulty reading aloud (loses place or skips words)	Difficulty identifying and using appropriate problem-solving strategies	
Dislikes reading / reluctant to read	Difficulty solving word problems	
Reads slowly	Difficulty completing problems involving estimation or prediction	
Reading – Comprehension		Difficulty understanding charts, tables, and graphs
Difficulty understanding the meaning of words	Difficulty generalizing math skills to other types of problems or tasks	
Difficulty understanding the mean of passages	Difficulty understanding abstract mathematical concepts	
Difficulty identifying main idea	Written Expression	
Difficulty drawing conclusions	Difficulty writing information dictated by others	

	Difficulty following written directions		Difficulty with basic mechanics of writing
	Difficulty understanding idioms or figurative language		Confuses the order of words in sentences
Math Calculation			Writes in incomplete sentences
	Difficulty identifying numerals		Uses simplistic language when writing
	Difficulty counting by rote		Difficulty expression ideas in writing
	Difficulty understanding basic arithmetic facts		Dislikes/avoids written tasks
	Difficulty completing problems involving basic calculation		Poor handwriting (difficulty with letter formation, poor spacing between letters and words)
	Difficulty completing problems involving fractions or decimals		Difficulty copying from blackboard
	Difficulty completing problems involving geometric shapes		
Oral Expression		Listening comprehension – cont.	
	Confuses or leaves out speech sounds		Exhibits short attention span during auditory tasks
	Dysfluency (unusual pauses or repetitions, frequent rephrasing, poor verbal organization)		Difficulty understanding sentences that are long or complex
	Grammatical problems (incorrect use of plurals, verb tense forms, pronouns, etc.)		Confuses similar words
	Limited vocabulary		Cannot remember information presented verbally
	Word retrieval problems		Cannot remember information that was just spoken
	Problems with social language (Initiating conversations, expressing thoughts and feelings, asking questions, etc.)		Cannot repeat information that was just spoken
	Does not speak in class to teachers/students		Appears disinterested in audio information (tapes, recordings, etc.)
Listening comprehension			Demonstrates disruptive or off-task behaviors when required to listen
	Difficulty following oral directions		Difficulty responding to questions within expected time limits
	Frequently asks for repetition or oral instructions		
	Misunderstands spoken word		
	Easily distracted by noises or other sounds		

Social:

	Misinterprets facial expressions or body language		Displays attention—getting behaviors, acts like “class clown”
	Overreacts to perceived insults		Misinterprets tone of voice
	Does not understand teasing, sarcasm, jokes		Isolated from others – few group or social interactions
	Has few or no friends		Withdrawn—does not make eye contact,

		seems introverted, does not participate in discussions
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Emotional:

	Excessive crying	Gives up when challenged
	Overreacts to normal situations with excessive anger, fear, sadness, etc	Appears depressed
	Feeling guilty or shameful	Feeling sadness depression or suicidal urges <u>related to grief.</u>
	Disturbing memories (past abuse, neglect or other traumatic experience)	Feeling sadness depression or suicidal urges <u>NOT related to grief.</u>
	Excessive fear and often worried	Appears excessively angry
	Unexplained fears and anxiety	Separation anxiety
	Frequent nightmares or bad dreams	Low self-esteem
	Excessive happy	Major weight loss or unexplained weight loss
	Excessive anger or aggressive behaviors	Lacking interest in things once enjoyed
	Loss of energy	Recent changes in sleeping and eating patterns
	Feeling fatigue	Heard voices when no one was around
	Eating too much or major weight gain	Suicidal thoughts
	Excessive complaints about aches and pains	Suicidal attempts
	Feeling overwhelmed by life	Previous suicidal thoughts & attempts

Behavioral:

	Excessively out of seat	Engages in risky behaviors
	Regression (baby talk, bed wetting, or thumb sucking)	Frequent temper tantrums
	Refuses to comply with requests	Associates with children that have been in trouble
	Parent-Child relationship	Sleep problem (nightmares, night-terror, sleeping too much or too little, etc.)
	Delayed development	Overreacting to things
	Frequently off-task	Difficulty focusing
	Withdrawn	Poorly organized
	Interrupts others when speaking	Experiences difficulty <u>starting</u> tasks
	Uses foul language	Acts before thinking
	Frequently fights or arguments with peers	Can't sit still
	Frequently fights or arguments with adults	Experiences difficulty planning
	Frequent fights or arguments with family members	Problems at school (disrespectful behaviors, class-cutting, and absenteeism)
	Persistent disobedience	Poor Grades/A sudden drop in grades
	Bed wetting and related problems/ soiling	Abuse (physical, emotional, sexual)
	Health concerns (physical complaints and/or medical problems)	Sexual concerns (excessive masturbation, inappropriate acting out, inappropriate display of sexual knowledge)

	Misbehaved a lot		Troubled with law/involved with the juvenile system
	School refusal		Not completing school work/tasks
	Impulsive		Ran away
	Alcohol and/or drug use		Hyperactive
	Accident—prone		Slapping, hitting, shoving
	Temper outbursts		Attention problems/Poor concentration
	Serious depression (Listlessness, loneliness, withdrawal, or difficulty making friends)		A need to wash, count, or perform certain rituals many times per day to avoid unsubstantiated danger
	Serious over-eating or under-eating		Inappropriate sexual comments and/or behaviors
	Daydreaming		Taken advantage of
	Severely teased		Adjustment to life changes (changing schools, parent's divorcing, moving, etc.)

Additional Comments:

Please use the space below to describe any other information you feel would be helpful to us in understanding your concerns.

Thank you for taking the time to complete this questionnaire thoroughly!

